EVERYTHING YOU WANTED TO KNOW ABOUT A UNCG STUDENT-ATHLETE

PRESENTED BY:

KRISTIN RUSBOLDT, SPARTAN ACADEMIC SUPPORT SERVICES

DAVID WYRICK, FACULTY ATHLETIC REP
INTERESTING FACTS:

• Overall GPA 3.15
• 10/13 teams have a cumulative team GPA of over 3.0
• Graduation Success Rate (GSR) 86%
• Student-Athletes are represented in every school/college on campus
• Student-athletes are in 42 different majors (three of which are Master’s programs)
STUDENT-ATHLETE EXPECTATIONS

Athletics, Academics & Student Development

We discover & develop champions in life – The Spartan Way

Spartan Academic Support Services
ATHLETIC EXPECTATIONS: IN SEASON

• Practice, Weight Lifting, Conditioning = 20hr/week
• Competition
• Hosting prospective UNCG student-athletes (recruits)
• Public relations/Interviews
• Medical treatment or preparation pre/post practice
• Drug testing
• Travel to and from competitions/practices
ATHLETIC EXPECTATIONS: OUT OF SEASON

• Practice, Weight Lifting, Conditioning = 8hr/week
• Competition
• Hosting prospective UNCG student-athletes (recruits)
• Medical treatment or preparation pre/post practice
• Drug testing
• Travel to and from competitions/practices (will not miss class)
STUDENT DEVELOPMENT EXPECTATIONS

- Campus/local community service events
  - Individual, team & department wide
- Personal growth programming (speakers)
- Career development programming & opportunities
- Student group participation (SAAC, clubs)
- Internships
**MISSION**

The Spartan Academic Support Services office provides comprehensive guidance in regards to academic success, progress towards degree completion and personal/professional growth for its student-athletes. Academic support is combined with customized student-athlete development programming which focuses on the areas of career development, personal development, and community service. SASS combines the service, career and personal development opportunities of the program with the student-athletes’ athletic and academic experiences to achieve the following goals:

- To focus on the development of the well-rounded student-athlete
- To pursue the enhancement of skills that apply beyond the classroom
- To develop student-athletes as responsible representatives and leaders
- To support student-athlete input on issues related to their continually changing needs

**STAFF:**

- Kristin Rusboldt, Assistant AD
- Jennifer (Robbins) LePore, Director
- Jeremy Thomas, Coordinator
- Sam Cole, Learning Specialist
- Interns (2)
- Study Hall Monitors
- Tutors
NCAA REQUIREMENTS

• Each Semester:
  • Enroll & maintain 12 credit hours
  • Pass 6 degree applicable credit hours
  • Meet GPA Requirements

• Each Year:
  • Complete 18 degree applicable credits hours (Fall/Spring)
  • Complete 24 Credits *Freshman only (includes summer)
  • Complete required % towards degree (if applicable)

*Baseball must be eligible in fall to play full year.*
<table>
<thead>
<tr>
<th>Year</th>
<th>Freshmen</th>
<th>Sophomore</th>
<th>Junior</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Required</strong></td>
<td>Enroll 12hrs</td>
<td>Enroll 12hrs</td>
<td>Enroll 12hrs</td>
<td>Enroll 12hrs</td>
</tr>
<tr>
<td></td>
<td>Pass 6hrs</td>
<td>Pass 6hrs</td>
<td>Pass 6hrs</td>
<td>Pass 6hrs</td>
</tr>
<tr>
<td><strong>Credits</strong></td>
<td>18 Acad Yr</td>
<td>18 Academic</td>
<td>18 Academic</td>
<td>18 Academic</td>
</tr>
<tr>
<td></td>
<td>24 Total</td>
<td>Year</td>
<td>Year</td>
<td>Year</td>
</tr>
<tr>
<td><strong>Cumulative GPA</strong></td>
<td>1.8</td>
<td>1.9</td>
<td>2.0</td>
<td>2.0 * or major required GPA</td>
</tr>
<tr>
<td><strong>% Degree Completed</strong></td>
<td>N/A</td>
<td>40% 49 credits Declare Major</td>
<td>60% 74 credits</td>
<td>80% 98 credits</td>
</tr>
</tbody>
</table>
UNCG ATHLETIC ACADEMIC EXPECTATIONS

- Attend all classes unless excused as defined by the Travel Letter
  - Exceptions being post-season competition
- Make appropriate arrangements for missed exams and assignments prior to excused absences
- Seek out instructors & tutors for extra help when necessary
- Complete weekly Study Hall requirements
- Attend weekly or biweekly academic meetings
- Communicate with Academic Coach regularly
- Proactively schedule classes around athletic responsibilities
SASS SERVICES

• Certification of eligibility with NCAA
• Review schedules for practice conflicts & NCAA Requirements
• Provide tutoring for subjects not available through TASP
• Academic mentoring
• Learning Specialists/Academic Skills
• Student-Athlete Development (personal growth, career development & community service)
SERVICES WE UTILIZE

• SSC – Student Support Center
• TASP - Tutoring & Academic Skills Programming
• SIP – Supplemental Instruction Program
• Starfish – this is a GREAT resources for us
  • Follow up progress reports from student-athlete/academic coach
• OARS – Office of Accessibility Resources & Services
• Dean of Students Office
• Writing Center & Speaking Center
• Math Help Center
A DAY IN THE LIFE OF STUDENT-ATHLETES: IN SEASON

- 6-7am: Weights/Conditioning
- 7-8am: Shower & Breakfast
- 8-11am: Class
- 11:00am: Meeting with Academic Coach/Study Hall
- 12:00pm: Lunch
- 1:00pm: Meeting with coaches/Video review
- 1:30-2:00: Treatment with Athletic Training
- 2:00-4:30: Practice
- 4:30-6:00pm: Shower and Dinner
- 6:00-7:30pm: Study Hall
Itinerary for SoCon Championships

Thursday, October 27th, 2016
4:45 pm   Load Bus
5:00 pm   Depart Campus (*Departing from Walker Ave.*)
8:00 pm   Arrive to hotel

Friday, October 28th, 2016
8:15 am   Breakfast on your own
9:00 am   Depart hotel for Chattanooga (*Dress for practice*)
11:00 am   Lunch on your own  1:50 pm   Check in to hotel
2:15 pm   Run Course
4:30 pm   Coaches Meeting
5:45 pm   Depart for dinner
6:00 pm   Team dinner
7:30pm   Study Hall

Saturday, October 29th, 2016
7:00 am   Breakfast on your own
8:00 am   Depart for course
10:00 am   Women’s 5k Race
10:45 am   Men’s 8k Race
12:30 pm   Depart from course to hotel
1:00 pm   Return rental car
1:30 pm   Depart hotel for campus, *dinner en route*
8:45 pm   Arrive to Campus
QUESTIONS?

- Kristin Rusboldt | Kristin.rusboldt@uncg.edu | 336-541-6686
- Dr. David Wyrick | dlywyrick@uncg.edu | 336-334-4501