Stages of Appreciative Advising	Application	Implications
Discovery	 Asking students for a narrative that illustrates a personal triumph listening carefully to student needs asking students about their strengths and passions; listening carefully to responses asking only positive, affirmative questions identifying a profile of academic strengths to use as the basis of planning 	 A student enters UNCG with a declared Business Administration major. She meets with her advisor, and describes how she become interested in business administration through becoming involved in FBLA and through an after- school job. The student tells her advisor about classes in which she excelled in high school.
Dream	 working with students to build upon their articulated strengths, aspirations, and interests formulating with students a plan for their lives and careers 	 The student and advisor devise a course schedule reflecting their interest in Business Administration and the coursework in which they have had previous success. The student and advisor discuss how the coursework may be made more congruent with career plans.
Design	 working with students to devise strategies to accomplish short- and longer-term goals discussing the skills they need to develop identifying and developing support networks 	 The advisor maintains contact with the student at intervals to see how she feels about her academic status and career plans. The student devises a set of short-term and long-term academic goals with her advisor; this includes developing a timeline that includes learning more about career options and internships that correspond with her interests. She works with her advisor to identify contact people and academic resources that will help her reach these goals. The student commits to make follow-up meetings with his advisor in the future.
Delivery/Destiny	 allowing students room to accomplish these goals contacting students at intervals to provide guidance and moral support 	 The advisor continues to make contact with the student at intervals to see how he feels about her academic status and career plans. Student meets with the advisor to reflect on what has been accomplished over the semester, what behaviors needs to be adjusted, and whether her current goals are still realistic.

Appreciative Advising-Intake Model

Stages of Appreciative Advising	Application	Implications
Discovery	 Asking students for a narrative that illustrates a personal triumph listening carefully to student needs asking students about their strengths and passions listening carefully to responses asking only positive, affirmative questions identifying a profile of academic strengths to use as the basis of recovery 	 Student enters UNCG as a Pre-Nursing major. His GPA does not make him competitive as a Nursing school applicant. He meets with his advisor, and tells stories of family members working in the healthcare field, and how he loved his job as a CNA the previous summer. His interest in nursing was reinforced when he discovered he could work easily with people who were distressed; he believes he can make a difference in society by working to improve individual's quality of life.
Dream	 working with students to build upon their articulated strengths, aspirations, and interests formulating with students a plan for their lives and careers 	 The student discusses with his advisor the types of careers that would correspond with this positive career and academic experiences, interests, and talents; he feels public health may be an alterative career. The student discusses with his advisor how he can develop an academic plan to achieve this goal. The student discusses how his academic plans would promote a career path.
Design	 working with students to devise strategies to accomplish short- and longer-term goals discussing the skills they need to develop identifying and developing support networks 	 The student has reservations about abandoning the nursing major; however, he commits to learn more about Public Health by meeting with career councilors and faculty in that department. He devises a set of short-term and long-term academic goals with his advisor; this includes developing a timeline that includes making a decision about the major change. He works with his advisor to identify contact people and academic resources that will help him reach these goals. The student commits to make a follow-up meeting with his advisor in the future.
Delivery/Destiny	 allowing students room to accomplish these goals contacting students at intervals to provide guidance and moral support 	 The advisor makes contact with the student at intervals to see how he feels about his academic status and career plans. Student meets with the advisor to reflect on what has been accomplished over the semester, what behaviors needs to be adjusted, and whether his current goals are still realistic.

Appreciative Advising-Recovery Model